



Fruit & Veg for Schools

Sensory evaluation






Name: _____

Sensory evaluation

Use your senses to try different fruit and vegetables and record what you think in the chart



| Name of fruit or vegetable | Appearance | Odour | Taste | Texture | Do you like it? |
|----------------------------|------------|-------|-------|---------|---|
| | | | | |    |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Sensory vocabulary

| Appearance | Odour | Taste | Texture |
|------------|----------|--------|---------|
| Crumbly | Citrus | Bland | Gritty |
| Dry | Fragrant | Sour | Rubbery |
| Lumpy | Mild | Strong | Silky |
| Mushy | Sweet | Tart | Soft |
| Smooth | Musty | Weak | Waxy |

As part of the Stronger Starts Fruit & Veg for Schools initiative